

Athletes Edge Summer Programs

2011 REGISTRATION

REGISTER and Pay In Full by MAY 31st and Receive a 10% DISCOUNT



Step 1 - Choose your Training Program

Step 2 - Choose training weeks/days/timeslots

Step 3 - Fill out the information below and mail or email to:

Athletes Edge Sports Performance • 410 Great Rd. • Littleton, Ma. 01460 • email- dan@athletesedge.com

Program Selection: *(Check One)*

- Acceleration ALL SPORTS
- Hockey Acceleration
- Summer Strength Training Membership
(High School and Collegiate Athletes only)

Program Costs:

- 2 Day Acceleration \$75/week
- 3 Day Acceleration \$105/week
- 4 Day Acceleration \$130/week
- Summer Strength Training Membership \$120 (June-September)

Athlete Name: _____ Athletes Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Amount Paid: *(a 50% deposit is due with registration remainder is due on the start date NO REFUNDS)*

Payment Method: Check# _____ Cash Credit Card

Name on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____ 3 Digit Security Code on back of Card: _____

Billing Address of Card: _____

Cardholder Signature: _____

Weeks Selection: *(Check Boxes)*

- June 20th - June 24th
- June 27th - July 1st
- July 5th - July 8th (Closed July 4th)
- July 11th - July 15th
- July 18th - July 22nd
- July 25th - July 29th
- August 1st - August 5th
- August 8th - August 12th
- August 15th - August 19th
- August 22nd - August 26th

2 Day: Choose 1 Treadmill and 1 Plyometric

3 Day: Choose 2 Treadmill and 1 Plyometric

4 Day: Choose 2 Treadmill and 2 Plyometric

Treadmill: *(Circle Time)*

Monday:	9am	10:30am	12pm	3pm	4:30pm	6pm
Tuesday:	9am	10:30am	12pm	3pm	4:30pm	6pm
Wednesday:	9am	10:30am	12pm	3pm	4:30pm	6pm
Thursday:	9am	10:30am	12pm	3pm	4:30pm	6pm
Friday:	9am	10:30am	12pm	3pm	4:30pm	6pm

Plyometrics: *(Circle Time)*

Tuesday:	9:30am	11am	12:30pm	3:30pm	5pm
Wednesday:	9:30am	11am	12:30pm	3:30pm	5pm
Thursday:	9:30am	11am	12:30pm	3:30pm	5pm